



Oriental Medical Center of Pahoia
David Bruce Leonard, L.Ac.
Post Office Box 1646
(808) 965-5432
www.davidbruceleonard.com

Removes Toxins (all foods are non-GMO organic)

grains

millet

beans

aduki

tofu

vegetables

swiss chard

turnip

watercress

onion

radish

mushroom (button)

olive

cucumber

mungbean sprout

alfalfa sprouts

artichoke

rhubarb

fish

frog

herring

fruits & nuts

banana

blueberry

bilberry

fig

lemon

lime

seaweed

kelp

beverages

tea

oils

sesame oil

herbs

licorice

nettle

parsley

pepper (black)

purslane

chrysanthemum

other foods

agar

honey

salt

vinegar

algae